

### What are you grateful about today/this week?



For the beautiful rain which has been renewing our lawns and our plants.

### 1st Sunday of Lent Time - B

**A VOCATION VIEW:** Lent: the springtime of the soul. A time to make a new covenant with God, develop new signs of our relationship with our Creator. Go into your own desert and discover your calling.

To talk to someone about your vocation, contact

Vocation Brisbane:

1300 133 544 [vocation@bne.catholic.net.au](mailto:vocation@bne.catholic.net.au)

[vocationbrisbane.com.au](http://vocationbrisbane.com.au)



### Office Hours and calling the Office



Our office secretary Audrey is here to take your calls during office hours.

Just to be mindful that my day off is Friday and the office is closed. I take a great deal of care to have all our affairs in order for the weekend by Thursday. Please try and have that in your thinking.

### Quotes from the readings this weekend



**1st Reading:** "I set my bow in the sky and it shall be the covenant between me and the earth..."

**Psalm:** "Lord make me know your ways."

**2nd Reading:** "...and when God was still waiting patiently..."

**Gospel:** "Repent and believe in the Good news..."

### Weekly Diary : 22<sup>nd</sup> February - 28<sup>th</sup> February 2021

Monday 22 <sup>nd</sup>	: 8.00 am. Mass Feast The Chair of St Peter, apostle followed by Rosary
Wednesday 24 <sup>th</sup>	: 9.30 am. Christ Catholic Community Prayer Group — Parish Meeting Room
Thursday 25 <sup>th</sup>	: 9.30 am. Mass followed by Rosary
Friday 26 <sup>th</sup>	: 5.00 pm. Stations of the Cross—Church
Saturday 27 <sup>th</sup>	: 4.30 pm. + 5.30 pm. : 2 <sup>nd</sup> Sunday of Lent Year B/1
Sunday 28 <sup>th</sup>	: 7.00 am. + 9.00 am. : 2 <sup>nd</sup> Sunday of Lent Year B/1

### PRAYERS FOR THE SICK AND DECEASED

**PRAYER:** O Lord Jesus Christ, rest your weary ones, bless your dying ones, soothe your suffering ones, pity your afflicted ones, shield your joyous ones, and all for your love's sake. Amen. (St Augustine)

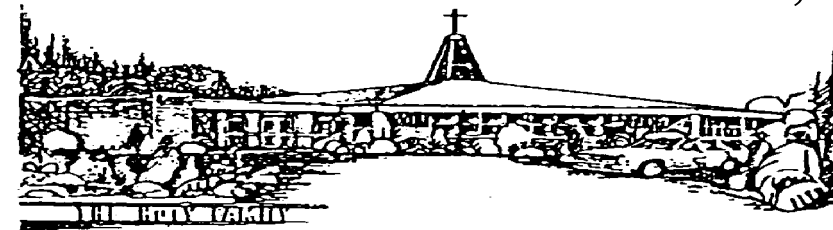
Prayers have been requested for the following :

**RECENTLY DECEASED:** David Newman, Janet Sepuka, Gloria Lorena, Chito Caluag, Renee Nolan

**ANNIVERSARIES:** Michael Penridge, Peter Crowe, Brian Smith, Philip Egan, Maurice Hanrahan

**SICK LIST:** Peter Smith (Ashmore), David Newman, Joe McAloon, Len Crowe, Marie Turnbull, Tom Edgar, Christine Kyriakides, George Kyriakides, Morris Lynch, Zaldy F Cadayona, John Lynch, George Docherty, Christina Ang, Colleen Waddell, Jake Bartley, Sofia Bean, Vivienne Mitchell, Shingo Sawabe, Sonia D'Angiolo, Riany Chandler, Juliet Wee, Jean Di Benedetto, Marie Dupois, Abigail O'Donell, Terry Owsnett, Ronald Sincock, Dolores Kelly, Mary McDonnell, Irene Warde, Ron Sincock, Val Mai McErlean, Bill Walker, Courtney Blount, Reginald Cox, Simon Stretton, Philomena McAloon, Margaret Kwong, Letty O'Sullivan, Tony Collett, Ben Cebuliak, Marilyn Rodgers, Frank Hewitt, Anthony Donellan, Dolores Kilian, Mary Ann Boeheme, Maureen Currie, Harry Hunter, Nancy Kelly, Tamara Toms, Baby Charlie Shirran, Bernie Pack, Elizabeth Norris, Stephen Deshaies, Ken Hannam, Gail Callaghan, Pistang Retute, Vanessa Pritchard, Carol Johnston

## HOLY FAMILY PARISH, RUNAWAY BAY



1<sup>st</sup> Sunday of Lent Year B/I

Sunday 21<sup>st</sup> February 2021

**PARISH PRIEST**  
Fr. Marty Larsen

**PARISH STAFF**  
Audrey Ho  
*Parish Secretary*

Jan Levinge  
*Marriage Coordinator*

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**Facebook :**  
[holyfamilycatholicchurchrunawaybay](https://www.facebook.com/holyfamilycatholicchurchrunawaybay)

**Hours:**  
8.30am—3.00pm  
Monday—Tuesday  
8.30am-1.00pm  
Wednesday-Thursday  
(closed FRIDAY)

**Reconciliation:**  
Please contact the Parish Office.

**Baptisms**  
Every 2<sup>nd</sup> & 4<sup>th</sup>  
Saturday & Sunday at 11am.  
Please contact the Parish Office.

**St Francis Xavier School:**  
Principal : Kathy Fuller

### HELLO! From Fr Marty

*It is what it is. 2021*



Just for those who would like to ponder my homily from Ash Wednesday and for those of you who could not make it to mass, here it is for your reflection during Lent.

Receive Lent in the spirit that it is meant.

Be open to prayer, be open to fasting, be open to giving without receiving in return.

Turn complaining into congratulating.

Turn negatives into positives.

Turn greed into simplicity.

Turn anger into reconciliation.

Turn prayer into- an invitation to sit in God's grace.

God wants us to be peaceful and full of calmness.

During Lent, we are asked to deny things for ourselves, so that we can declutter the mess that at times, does make up our lives.

Like this beautiful image here with the altar today, we are asked to pour out our lives before us.

To be a flowing river, which knows no end, and yet is constantly moving.

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### 1<sup>st</sup> Sunday of Lent Year B/I 21<sup>st</sup> February 2021

1st Reading : Gen 9:8-15  
2nd Reading : 1 Pet 3:18-22  
Gospel : Mk 1:12-15

### 2<sup>nd</sup> Sunday of Lent Year B/I 28<sup>th</sup> February 2021

1st Reading : Gen 22:1-2,9-13,15-18  
2nd Reading : Rom 8:31-34  
Gospel : Mk 9:2-10

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I leave you with Luke 6: 38 for you this Lent, as a way of seeing your journey through Lent this 2021.

“Do not judge, and you will not be judged. Do not condemn, and you will not be condemned. Forgive, and you will be forgiven. <sup>38</sup> Give, and it will be given to you. A good measure, pressed down, shaken together and running over, will be poured into your lap. For with the measure you use, it will be measured to you.”

### The three pillars of Lent

Fasting goes very well with prayer. It's like salt and pepper, they just work well together. One reason is that by fasting we deny our human appetites, both literally and figuratively, and can focus more intensely on our prayer. Another reason, for both fasting and abstinence, is to show solidarity with the poor. For many centuries the poor didn't have access to meats on a regular basis like the rich did, so to skip a meal and/or abstain from eating meat lets us walk a mile in their shoes and learn to empathize with their plight. It has become somewhat ironic that in recent years you can buy red meat cheaper than many kinds of seafood.

Jesus spoke of fasting during the Sermon on The Mount in a way that assumes we are going to fast. He said, “when you fast.” He didn't say “if.” (Matthew 6:16) Jesus also speaks about fasting many more times in the Gospel. He even told the Apostles that some demons can only be driven out with fasting and prayer.

Use your hunger to focus more clearly on Christ, every time your stomach rumbles think about how hungry Jesus must've been during His forty days in the desert. How hungry was He while hanging on the cross. Allow it to become a prayerful exercise.

<https://nowthatimcatholic.com/2017/02/18/prayer-fasting-and-almsgiving-pillars-of-lent/>

### Final prayer for Ash Wednesday

The word ‘compunction’ was used. Translated badly, it means, a feeling of guilt or moral scruples that prevents or follows the doing of something bad. EG: “They used their tanks without compunction.” Let's pray we can deal with this when things do not work out the way we want them to this Lent.

### Important Dates and times

Wednesday 17<sup>th</sup> of March, 8am St Patrick (Solemnity)

Friday 19<sup>th</sup> of March, 8am, St Joseph (Solemnity)

HOLY WEEK

Tuesday 30<sup>th</sup> March Mass 8am (in lieu of Thursday morning- ie Lord's Supper that evening.).

### THOUGHT FOR THE WEEK



Is there a relationship in our lives that needs repair? A text, phone call, tweet or email could go a long way to re-connecting, healing, completing the circle of wholeness. How can I encourage and put a little sunshine into someone's life this Lent? (Laurie Woods, 2021)

### Bringing Silence back into the liturgy

During Lent, everything is paired down in the liturgy, so I encourage you to embrace silence in the liturgy. Many people are uncomfortable with silence and think it has to be filled with music. That is not so. Our beautiful 7am mass is distinguished for its silence. This gives us time to process what we have heard and what we have received. So during Lent with the little silences we have, find ways to experience that physical and mental quietness, which can bring healing and well being.

### How to live the Gospel out this weekend.



To be tested by evil is something we all know to well. It often strikes us when we are bored or highly stressed. Rarely, when we are calm does temptation call. It is always when we are pre-occupied by other things. Jesus today is not simply being tested from a bodily point of view. His whole mission is being tested. If he walks away from it, evil wins. Yet Jesus has enough confidence in God to know that God will sustain him in his trials. We need to learn to have the same hope.

Laurie Woods explains this for us well: *Mark does not describe any of this, but his reference to Jesus' temptation is sandwiched between the Spirit experience of Jesus in the Jordan and his move to Galilee after John's arrest. This suggests that Jesus is wrestling with the divine call he feels in his bones. In the Hebrew Scriptures the call of the prophet is usually expressed stylistically as, 'God spoke to the prophet X saying...'. This is not suggesting that the prophet heard a voice, but it is a literary way of saying that God was 'speaking' to the prophet through the circumstances of life. Amos, for example, was driven to respond to God's call to speak out against social injustice and corruption; Hosea was prompted to campaign against people who had abandoned God and had turned to the worship of idols; Jeremiah heard the call to dedicate himself to exposing hypocrisy amongst the educated and the elite. And so on for all the other biblical prophets. Jesus seems to be wrestling with the call to either stick his neck out like John or to go back to Nazareth and live a life of anonymity.*

**TASK:** ☒

Who are the modern day prophets we need to be listening to today?