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what are the unclean things we need to get rid of this year. What have we stored up since 2020 which need to be let go?

The second part of the Gospel focuses on Jesus needing to get away, to a lonely place. Perhaps for some of us we need to do the same when things get stressful. Where is your place of rest and solace in these times?

And one final point I really find disruptive at this time of the year. I often wish people wouldn't make New Year resolutions, for they are easily broken, once the new year goes into full swing. And in 2021, we are now in full swing!

So it is time to cleanse those things from our lives we no longer need. People should aim to do simple things, like ironing their clothes, or washing the sheets, or taking out the trash. These can all be simple ways to take something that was 'unclean' and to make it clean again. And this then reflects in our personal lives.

**Thought for the week**

**LESSONS FROM COVID-19**

- Life is short
- Jobs are temporary
- Health is wealth
- Always save money
- We need each other to live.

Thank you for the way you have particularly helped our community to bond together at this time. Our numbers are growing again which is great news!

**Ash Wednesday  
17<sup>th</sup> of February 2021**



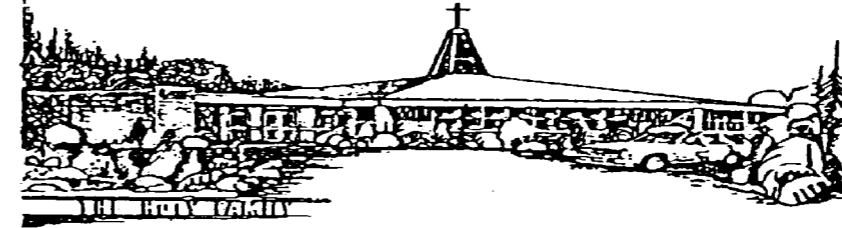
8am Mass &  
6pm Mass

**You must book with the office!**

**Weekly Diary : 8<sup>th</sup> February - 14<sup>th</sup> February 2021**

- |                            |  |
|----------------------------|--|
| Monday 8 <sup>th</sup>     | : 8.00 am. Mass  |
| Wednesday 10 <sup>th</sup> | : 9.30 am. Christ Catholic Community Prayer Group — Parish Meeting Room  |
| Thursday 11 <sup>th</sup>  | : 9.30 am. Mass  |
| Saturday 13 <sup>th</sup>  | : 4.30 pm. + 5.30 pm. : 6 <sup>th</sup> Sunday in Ordinary Time Year B/1 |
| Sunday 14 <sup>th</sup>    | : 7.00 am. + 9.00 am. : 6 <sup>th</sup> Sunday in Ordinary Time Year B/1 |

**HOLY FAMILY PARISH, RUNAWAY BAY**



5<sup>th</sup> Sunday in Ordinary Time Year B/1

Sunday 7<sup>th</sup> February 2021

**PARISH PRIEST**  
Fr. Marty Larsen

**PARISH STAFF**  
Audrey Ho  
*Parish Secretary*

Jan Levinge  
*Marriage Coordinator*

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PO Box 125 Runaway Bay  
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**Website :**  
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**FOR ALL ENQUIRIES:**  
**Tel: 5537 4320 (Press 2)**  
**Fax: 5537 5476**  
**Facebook :**  
holyfamilycatholicchurchrunawaybay

**Hours:**  
8.30am—3.00pm  
Monday—Tuesday  
8.30am-1.00pm  
Wednesday-Thursday  
(closed FRIDAY)

**Reconciliation:**  
Please contact the Parish Office.

**Baptisms**  
Every 2<sup>nd</sup> & 4<sup>th</sup>  
Saturday & Sunday at 11am.  
Please contact the Parish Office.

**St Francis Xavier School:**  
Principal : Kathy Fuller

**5<sup>th</sup> Sunday in Ordinary Time Year B/1  
7<sup>th</sup> February 2021**

1st Reading : Job 7:1-4,6-7  
2nd Reading : 1 Cor 9:16-19,22-23  
Gospel : Mk 1:29-39

**6<sup>th</sup> Sunday in Ordinary Time Year B/1  
14<sup>th</sup> February 2021**

1st Reading : Lev 13:1—2,44-46  
2nd Reading : 1 Cor 10:31-11:1  
Gospel : Mk 1:40-45

**HELLO! From Fr Marty**

*It is what it is. 2021*

Audrey is away this week with family commitments, so we have a smaller version of the newsletter. We thank her for her dedication to the parish and to providing the newsletter for us each week and for the countless other administrative work she does in the parish.

**How to live the Gospel out this weekend.**



**Washing up  
and the connection to  
the 5<sup>th</sup> week of Ordinary time B/1, 2021**



One of my favorite pastimes is to wash up, especially when things are stressful. When I wash up, I like to organize everything according to size (smallest items first, up to the dreaded pots and pans). Bubbles, hot water and a scrubber are three things I like about this task.

However, there is a fourth. And that is the chance to take something that has been made 'unclean' and to make it clean again.

This can be so symbolic to our lives. In the act of cleaning up the 'muck' that can sometimes cling to us, in the simple action of cleaning up ourselves, we too become clean again.

This weekend in the Gospel we see people who were considered unclean needed to be cleaned (healed) by Jesus. This is a timely reminder that with a new year,

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